

## ASTRID-or Portfolio for the Assessment, Treatment and Integration of Disabilities - GUIDANCE

*The first collection of tools for the orientation of the disabled*

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- **Publication date:** 2007
- **Aims:** school and career guidance for disabled people
- **Target:** disabled people from 11 years old to adults
- Administration time: **15-20' each questionnaire; from 40 to 90' for each observation grid**
- Composition: **two portfolios for a total of 43 tools: questionnaires, observation grids, check-lists, interviews**
- **Sample:** varied samples of subjects, disabled and not (2004-2006)
- **Users:** guidance psychologists, occupational therapists, special needs teachers
- Qualification level: **A**

### General overview

**ASTRID-or** is the natural complement to **ASTRID** and, like the latter, brings together the tools elaborated by the **Centro di Ateneo di Servizi e Ricerca Handicap, Disabilità e Riabilitazione of the University of Padua**, and experimented in counselling and orientation activities in numerous services. Aimed at professional integration – which is particularly significant in view of the contribution made by the job to boosting the autonomy of handicapped persons and enhancing their satisfaction with life – **ASTRID-or** takes into consideration the images the disabled have about work concepts, their sense of professional self-efficacy, their problem-solving and decision-making capacities, their interests and attitudes towards their working future.

### Key features

- **Aimed at integration:** provides operators with the means for integrating the disabled person into the work context.
- **Portfolio structure:** the 43 tools can be used independently of each other.
- **Treatment assessment:** the tests are designed to monitor and optimise decisions and measures related to the qualification/rehabilitation of the subject.
- **Multimodal testing** thanks to the possibility of having “cross-referenced” evaluations of the subject with self and hetero-assessments of the investigated areas.

### Structure

The tools, questionnaires and semi-structured interviews to be proposed to relatives or other important figures, are collected in two volumes:

**1. Assessments of the concepts of work, study and free time**, to verify the awareness of these concepts preliminary to the subsequent orientation activities.

**Assessment of scholastic/professional decision/indecision** associated with poor self-knowledge and knowledge of the scholastic-professional reality, with poor decision-making skills and dysfunctional thoughts on the question of choice.

**Assessment of sense of efficacy**, in terms of both self-assessment (self-efficacy) and through interviews with relatives and educators (hetero-assessment).

**Assessment of the capacity to appraise problematic situations** (professional problem-solving) and beliefs apropos this, on the part of both the subject and the caregivers.

**Assessment of decision-making styles**, through self-assessment questionnaires, interviews and the presentation of decisional dilemmas in simulated situations.

**2. Assessment of interests, beliefs about professional efficacy and the probabilities of realisation**, to set in relation the preferences expressed and the concrete possibilities of implementation.

**Assessment of professional values and motivations**, as an insight into the aspirations and needs that the person expresses.

**Assessment of the social skills inherent to the job**: analysis of social behaviour in the workplace and the degree of social competence expressed in working relations.

**Analysis of irrational ideas about one's own professional future**, so as to intervene on "blocking" concepts that hinder the right kind of reflection.

**Assessment of professional development** through the discussion of various case studies.

## The areas and the tools

### Representation of work, study and leisure time

- **My present and my future** (self-assessment) and **The present and the future of \_\_\_\_\_** (hetero-assessment): an introduction to orientation activities (questionnaires: adolescents and adults)
- **Grid for analysis of the reactions**

### Decision/indecision

- **Ideas and attitudes towards scholastic-professional future** (questionnaires ages 11-14 and 15-19)
- **Interviews on levels of decision** (direct and indirect)

### Self-efficacy

- **How much self-confidence do I have?** (questionnaires; ages 11-14 and 15-19)
- **Interviews on levels of belief about efficacy** (direct and indirect)

### Problem-solving

- **Do I know how to tackle my problems?** (questionnaires; ages 11-14 and 15-19)
- **Interviews about levels of problem-solving** (direct and indirect)

### Decision-making styles

- **ADMQ/MDMQ – Adolescent/Melbourne Decision Making Questionnaire** (questionnaires; ages 11-14 and 15-19)
- **Interviews about decisional levels** (direct and indirect)
- **Assessment of decision-making styles** (simulations: children-adolescents, young people-adults, less important decisions)

### Interests and values

- **My future job** (questionnaire; ages 11-14)
- **Preferences for the future** (standard version, simplified and to be completed with the operator: ages 15-19) and **Obstacles and support** standard version, simplified and to be completed with the operator: ages 15-19) (questionnaires)
- **My professional values** (questionnaire; ages 11-14)
- **Professional values** (from age 15) and **Styles and motivations for work** (from age 15) (questionnaires)
- **Interviews on professional values and Interview on motivation levels** (direct and indirect)

### Social skills

- **Social behaviour in the workplace** and **Working relations** (grids; adolescents and adults)
- **Social competence in the workplace** (checklist for direct observation; adolescents and adults)

### Irrational ideas

- **Thoughts about the future** (questionnaire; from age 17)
- **Interviews on the irrational ideas** (direct and indirect); from age 17)

#### Professional development

- **Protocol** with collection of clinical case studies (presentation and discussion)

#### The materials

All the questionnaires, checklists, semi-structured interviews and observation grids, with respective personalised reports, are prototypes for which authorisation is granted for photocopy reproduction. Each tool comes complete with manual and the criteria for correction and interpretation.